



Prosperity Through Unity Exceptional Care for Idahoans

August 2026

The IACP News, Vol. 10, No. 8

Congress must pass legislation to upgrade Medicare to include Chiropractic Care for seniors

The MAHA Center in Washington, D.C. is galvanizing chiropractors across America for a simple remedy to a dated Medicare system.

The cornerstone of the Make America Healthy Again (MAHA) movement is to prioritize preventive health practices in response to the nation's chronic disease epidemic. This includes healthier diets, more exercise, and expanded access to non-drug, non-surgical care, as well as chiropractic services.

America's senior citizens also deserve to see a chiropractor of their choosing. MAHA is moving swiftly to ensure that they can, while receiving better overall healthcare support.

The alignment between MAHA and the nation's chiropractic leadership has been building all year. Each step set up the one that followed.

In March, MAHA Action President Tony Lyons presented at The Chiropractic Summit, prompting a four-hour meeting between MAHA and chiropractic leadership in Washington, D.C.

In May, the American Chiropractic Association (ACA) and International Chiropractic Association (ICA) issued a joint statement pledging collaboration to improve patient access to chiropractic care. And in June, the MAHA Chiropractic Hub launched to carry the profession's long-standing priorities forward.

Several key initiatives are converging to ensure senior citizens get expanded chiropractic care in 2026. The MAHA Chiropractic Hub, hosted by MAHA Center, a 501(c)(3) nonprofit, was created to host the nation's chiropractors and connect Americans to a broader array

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October is National Chiropractic Health Month

The American Chiropractic Association (ACA) and doctors of chiropractic nationwide will celebrate National Chiropractic Health Month (NCHM) 2026 this October with the theme "Joint Efforts." The campaign will focus on the importance of joint health over a lifetime and steps people can take to support mobility, joint function and overall musculoskeletal health.

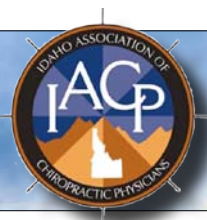
Every day, our joints play a fundamental role in keeping our bodies moving and able to do everything from completing daily tasks and enjoying leisure activities to achieving athletic feats of wonder. When they function well, we barely notice them; but with age, our joints become more prone to injury and wear and tear, which can lead to pain

and functional limitations. Musculoskeletal conditions, particularly back pain, remain one of the leading causes of disability worldwide.

"Healthy joints are essential for staying active, independent and engaged throughout life," said ACA President Kris Anderson, DC. "During National Chiropractic Health Month, we want people to understand that chiropractic physicians provide evidence-based, non-drug healthcare, which can help them reach their goals by maintaining joint health, mobility, and function."

A "Joint Efforts" campaign toolkit, with resources and

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IACP

The mission of the Idaho Association of Chiropractic Physicians (IACP) is to act as the unified voice, leader and stalwart supporter of the individual licensed doctors of chiropractic and supporting associates who provide exceptional health care and wellness to the patients and communities of Idaho. In supporting our Idaho chiropractic physicians, the IACP will work diligently to protect, enhance and build opportunities for the chiropractic industry and increase public access to chiropractic care.

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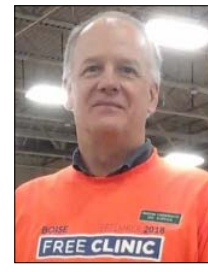
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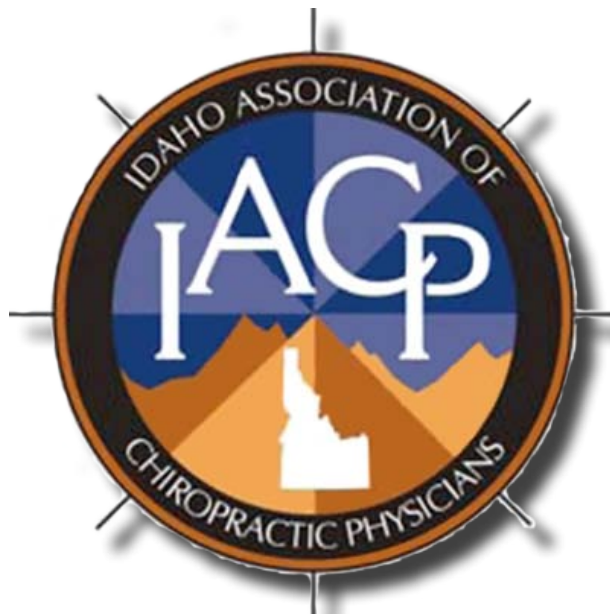
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October is National Chiropractic Health Month

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ideas on how to participate, will be available later this year at www.acatoday.org/NCHM. Members of the public can learn more about chiropractic at handsdownbetter.org. For more information about NCHM, contact communications@acatoday.org.

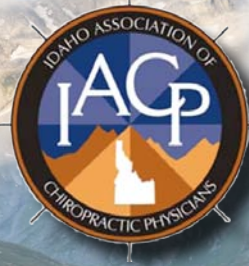
This October, chiropractors across the country will use National Chiropractic Health Month to raise awareness about joint health, injury prevention, and the role chiropractic care can play in helping people move better and feel better. The campaign also emphasizes chiropractic's evidence-based, non-drug approach to managing joint pain, improving mobility, and supporting overall wellness.



About National Chiropractic Health Month

National Chiropractic Health Month (NCHM) is a nationwide observance held each October. The event helps to raise public awareness of the benefits of chiropractic care and its natural, patient-centered and drug-free approach to health and wellness. Learn more at www.handsdownbetter.org.

Join the Pack



The IACP acts as a resource, representative and leading advocate for the chiropractic industry in Idaho. We cannot continue to properly serve the chiropractic profession without the commitment and support of exceptional industry leaders, such as yourself. The IACP Board and its members believe that membership in the Association is and should be mutually beneficial to both the Doctor and the IACP, which makes it a perfect cooperative relationship. As a member, you will have multiple opportunities to obtain learning and marketing opportunities, at a discounted rate, through membership, as well as, have an opportunity to utilize the services of the IACP team and its Board. You will also have an opportunity to get involved in important issues, from the center, along with other industry leaders and spokespeople. At the same time, the Association continues to grow and provide broader services to the industry with your support. Join now and be a part of the "pack" that will lead us into the future!

Congress must pass legislation to upgrade Medicare to include Chiropractic Care for seniors

Continued from front page

of preventive medical services. The nation's two leading chiropractic associations, the ICA and the ACA, have signed a Memorandum of Understanding (MOU) with the MAHA Chiropractic Hub aligning policy priorities.

These organizations have at times disagreed, but share a commitment to modernize Medicare coverage for chiropractic services as soon as practical. As Brandon Hoffman, executive director of the MAHA Chiropractic Hub, put it: "For the first time in this fight, the entire profession is pulling in one direction. The agreement locks that alignment in, and now we turn it into committee action."

The focus of the MOU is to unite chiropractors and to advocate for updated Medicare coverage via H.R. 539, and S. 06 in the U.S. Senate, the Chiropractic Medicare Coverage Modernization Act of 2025.

The organizations are united behind passing the bill and will strengthen it through the formal amendment process with three improvements: defining the covered benefit by each state's authorized scope of practice, with an express exclusion of drugs, surgery, and obstetrics (which are not routine parts of chiropractic practice and for which the profession is not seeking Medicare coverage); adding Medicare private contracting rights for doctors of chiropractic modeled on the existing physician framework; and including a timely implementation schedule.

Congress added chiropractic care to Medicare coverage in 1972, but that was limited to the sole service of manipulation of the spine, commonly called an "adjustment." Other



MAHA Action President Tony Lyons presented at The Chiropractic Summit, prompting a four-hour meeting between MAHA and chiropractic leadership in Washington, D.C.



necessary services, including initial assessment and evaluation, are still not covered some five decades later. More than one in three American seniors lives with chronic pain.

For decades, chiropractic services have demonstrably offered less intrusive, meaningful relief for patients. Senior citizens deserve the right to choose preventive chiropractic healthcare, subject to the scope of practice limitations in each state. The states regulate the scope of services chiropractors may legally provide; Medicare is the federal vehicle that provides financial support to patients for some of those services.

To support this initiative, MAHA invites MAHA Report readers to visit MAHA Action's [Legislative Tracker](#) to determine whether their elected representatives support H.R. 539. If not, the website provides a precise message to send along with contact details for each congressperson. Please then follow up with a phone call to the representative's office repeating the petition to cosponsor and support H.R. 539.

The nation's most prominent chiropractic organizations are in agreement that Medicare must be modernized to support improved patient outcomes, and they're mobilizing behind H.R. 539 to do so. Chiropractors from across the nation will gather in Washington, D.C. from July 19-21 to raise awareness of H.R. 539 and garner legislative and voter support for this law change. What the bill needs now is a committee vote, this session.

America's senior citizens have been waiting since 1972 for this simple remedy of an outdated system. With the help of the MAHA movement, 2026 can and should be the year Congress finally passes chiropractic Medicare modernization legislation and gives our seniors the care choices they deserve. ■

Administrative burden is the real surprise

By Dr. Ray Foxworth, DC, FICC

Not long ago, I was talking with a fellow chiropractor who summed up a frustration I hear almost every week. “Ray,” he said, “I don’t mind working hard for my patients. I just wish I didn’t have to work so hard to get paid.”

That conversation came to mind when I read about the latest changes to the No Surprises Act. Federal regulators recently reduced the fee to initiate an Independent Dispute Resolution (IDR) case from \$115 to \$15 and added standardized claim codes to make it easier for providers to identify eligible disputes. Those are welcome improvements for the specialties affected by the law. But they also highlight a much larger issue facing healthcare today: the administrative burden of getting paid continues to grow.

While most chiropractors will never use the federal IDR process, we certainly understand what it feels like to navigate an increasingly complex payment landscape. Every year seems to bring another rule, another documentation requirement, another policy update, or another obstacle standing between delivering care and being properly reimbursed.

The problem isn’t simply delayed payment. It’s the time, energy, and resources practices spend trying to interpret changing rules instead of focusing on patients.

That’s why financial conversations have become just as important as clinical conversations.

Today’s patients are carrying higher deductibles, paying more out of pocket, and asking thoughtful questions about the cost of care before treatment even begins. They deserve clear answers. When practices communicate financial expectations up front, explain treatment recommendations honestly, and establish consistent financial policies, patients gain confidence rather than uncertainty.

The same principle applies inside the practice.

Too often, chiropractors find themselves negotiating fees on the fly or creating exceptions because they genuinely want to help. We’ve all been there. But



inconsistent financial decisions create confusion for patients, undermine staff, and can introduce unnecessary compliance risks.

Helping patients should never require abandoning sound business practices.

The practices that thrive are those that build systems rather than rely on exceptions. Written financial policies, well-trained staff, transparent communication, and compliant discount programs allow doctors to spend less time discussing dollars and more time discussing health.

Healthcare isn’t getting simpler. If anything, recent regulatory changes remind us that administrative complexity is becoming the new normal. We may not control the rules, but we can control how prepared our practices are to navigate them.

After nearly four decades in practice, I’ve learned that success isn’t about mastering every new regulation the day it’s announced. It’s about creating systems that allow your practice to adapt without losing sight of why you became a chiropractor in the first place: serving patients.

The less time we spend chasing payments and untangling administrative headaches, the more time we have to deliver exceptional care. And that’s a goal every chiropractor can agree on.

If your practice is looking for practical ways to improve patient affordability while strengthening compliance and creating more consistent financial systems, we’ve put together a free white paper, *Four Overlooked Secrets of Successful Chiropractic Practices*. It explores simple strategies that can help you communicate financial expectations more effectively, improve patient retention, and protect the long-term health of your practice.

Dr. Ray Foxworth, DC, FICC, is the visionary behind ChiroHealthUSA, serving as its founder and CEO. With

over 39 years of dedicated service in chiropractic care, Dr. Foxworth has navigated the complexities of billing, coding, documentation, and compliance firsthand. His experience includes roles as former Staff Chiropractor at the G.V. Sonny Montgomery VA Medical Center and past chairman of the Chiropractic Summit and Mississippi Department of Health. He is an at-large

board member of the Chiropractic Future Strategic Plan and holds an executive board position with the Foundation for Chiropractic Progress. Reach Dr. Foxworth at 1-888-719-9990, info@chirohealthusa.com, or www.chirohealthusa.com. Join a free weekly webinar on practicing with greater peace of mind — register at www.chirohealthusa.com.



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Public Health Alerts issued by the CDC and FDA

Health alerts for foodborne illnesses are critical for public safety, as they inform consumers about potential risks associated with certain food products. The following recent health alerts have highlighted several foodborne illness outbreaks in the United States. The CDC and FDA are actively investigating these incidents, implementing recalls, and advising the public on safe food handling practices.

The CDC and FDA are committed to ensuring public safety through active investigations and recalls. Consumers should remain vigilant and follow health advisories to reduce the risk of foodborne illnesses.

July 2026, Salmonella - Shell Eggs

98 cases reported across 17 states. Recalled white shell eggs and brown cage-free shell eggs of various sizes from Midwest Poultry Services, L.P. were sold in bulk and retail sizes of 6, 12, 18, 24, 30, 36, and 60 eggs with sell by or best by dates between July 20, 2026 and August 17, 2026. Recalled eggs were sold under Country Morning, Cal-Maine Sunups, Brookshire's, Simple Truth, and Kroger brand names.

Recalled eggs will have an identifying code number printed on the left or right sides of the carton in date-coding ink only. Only codes P-1950 or 0840962 with a Julian date between 157 and 184 printed on the side of the carton are included in the recall.

Symptoms of Salmonella Infection: Illness usually occurs within 12 to 72 hours after eating food that is contaminated with Salmonella, and the symptoms usually last four to seven days. Symptoms include diarrhea, fever, and abdominal

cramps. Children younger than five, the elderly, and people with weakened immune systems are more likely to have severe infections.

Stores affected: Recalled eggs were shipped to foodservice and retail customers in Texas, Oklahoma, and Louisiana. Recalled eggs were available to consumers at Kroger stores in Texas and Louisiana; Brookshire Grocery stores in Texas, Oklahoma, Arkansas, and Louisiana, and other smaller retail and foodservice outlets in these states plus Mississippi and New Mexico.

July 2026, Cyclospora - Iceberg Lettuce

1,947 cases in 9 states; linked to Taylor Farms. Epidemiologic and traceback data continue to show that iceberg lettuce from Taylor Farms de Mexico was contaminated with Cyclospora and has made people sick.

Since the last update on July 18, 2026, additional confirmed cases of cyclosporiasis related to this multistate outbreak have been reported, and the total case count associated with this multistate outbreak is now 1,947. This includes the addition of 4 states: Illinois, Kansas, Oklahoma, and Pennsylvania.

State and local public health officials are interviewing people about the foods they ate in the two weeks before they got sick. A total of 1,947 people infected with Cyclospora and reporting exposure to Taco Bell have been reported by 9 states. Illnesses linked to this outbreak began on June 22 and onset dates have continued through July 20, 2026. There have been at least 98 hospitalizations, and no deaths have been reported. Of note, this number includes sick people who have traveled to states involved in the outbreak in the two weeks before their illness began and ate at Taco Bell.

The true number of sick people in this multistate outbreak is likely higher than the number reported, and the outbreak may not be limited to the states with known illnesses. This is because some people recover without medical care and are not tested for Cyclospora. In addition, recent illnesses may not yet be reported because it can take as long as six weeks to determine if a sick person is part of a Cyclospora outbreak. States in this outbreak may report different illness counts on their websites as they may also include probable illnesses. CDC and FDA are only reporting laboratory confirmed cases.

July 2026 , E. coli - Frozen Blueberries

Ongoing investigation; specific details pending. CDC and public health officials in several states are investigating a multistate outbreak of E. coli infections linked to frozen blueberries. If you have recalled GreenWise blueberries or berry mixes in your home, throw them out or return them to the store. On July 29, 2026, Publix recalled frozen blueberries and whole mixed berries. Affected products:

- Frozen GreenWise Organic Whole Blueberries and Whole Mixed Berries
- All lots
- Shipped to Publix retail stores throughout 8 states including Alabama, Florida, Georgia, Kentucky, North Carolina, South Carolina, Tennessee, and Virginia.

June 2026, Infant Botulism - Powdered Infant Formula

Specific cases reported; recall initiated. A CDC food safety alert regarding a multistate outbreak of infant botulism linked to recalled Nara Organics Whole Milk Organic Infant Formula has been posted at <https://www.cdc.gov/botulism/outbreaks-investigations/infant-formula-june-2026/index.html>.

As of June 13, 2026, a total of 3 infants with infant botulism have been reported in this outbreak from 3 states: California, Pennsylvania, and Washington. They ranged in age from 2–5 months when their illness began. All 3 consumed Nara Organics Whole Milk Organic Infant Formula. All 3 infants were hospitalized and treated with BabyBIG®, the FDA-approved treatment for infant botulism. No deaths have been reported. On June 13, 2026, Nara Organics recalled all Nara Organics Whole Milk Organic Infant Formula products. This includes all lot numbers and both sizes of cans. These products are available online and at some major retailers nationwide. Testing of opened cans of Nara Organics brand

formula and unopened Nara Organics product samples is underway, and results are expected in the coming weeks.

Listeria - Requesón/Soft Ricotta Cheese

Investigation in progress; specific details pending. Listeria is especially harmful if you are pregnant, 65 or older, or have a weakened immune system due to certain medical conditions or treatments. If you are pregnant, it can cause pregnancy loss, premature birth, or a life-threatening infection in your newborn. Other people can be infected with Listeria, but they rarely become seriously ill.

On June 26, 2026, La Ceiba Foods Latin Market Inc. recalled certain requesón (cottage cheese) marketed under the La Colonia and Selectos Latinos brands. Recalled products were distributed to supermarkets, retail stores, and restaurants in Maryland, Virginia, and Washington, D.C., from May 11, 2026, to June 1, 2026.

Affected products at La Ceiba Foods Latin Market:

- La Colonia Requeson Salvadoreño, 14-oz
- Selectos Latinos Requeson Salvadoreño, 16-oz
- Selectos Latinos Requeson Mexicano, 16-oz

Affected products at Clover Hill Dairy Cheese:

On June 18, 2026, Clover Hill Dairy expanded their recall to include all of its cheese products. The affected products:

- Were sold from their retail market, at farmers markets, and through other distributors.
- Were distributed in North Carolina, New York, Virginia, Maryland, New Jersey, and Washington, DC. Cheeses could have been further distributed to additional states.
- May be relabeled under a different brand. Some brands could include: Kesso, Quesos la Ricura, Izalco, De mi Pueblo, Rio Lindo.

The U.S. Centers for Disease Control and Prevention (CDC) is at the front lines of public health threats to Americans, even when those threats emerge overseas. CDC must aim to protect the lives of all Americans, advancing health through science, technology, and innovation. CDC must lead with integrity to prevent and protect from diseases, detect emerging threats, both domestically and internationally, and drive state-of-the-art solutions—empowering communities and strengthening public health systems for a safer, healthier nation.

CDC serves the American public—individuals, families, and communities—who rely on accurate data, health guidance, and preventive measures. CDC also serves healthcare providers, researchers, policymakers, businesses, state and local health agencies, and global health partners that rely on CDC for data and guidance to scale improved health outcomes for all Americans at home and abroad. To strengthen public confidence and lead a modern public health system, CDC must be anchored in a set of core values that reflect the evolving needs and expectations of Americans.

SCU researcher co-develops framework linking chronic pain and PTSD research

This article was first published on July 27, 2026 and can be [read in full here](#).

Millions of people live with both chronic pain and post-traumatic stress disorder (PTSD), yet healthcare often treats the two conditions separately. One provider may focus on physical rehabilitation while another addresses the psychological effects of trauma, leaving important connections between the two conditions overlooked.

A new framework co-developed by Southern California University of Health Sciences researcher Dr. Steffany Moonaz (along with Dr. Marlysa Sullivan, a physical therapist and yoga therapist, and Dr. Belle Zaccari, a psychologist and yoga researcher) offers a different perspective—one that views chronic pain and PTSD as interconnected parts of a person's health rather than separate diagnoses.



Published in the peer-reviewed journal, *Frontiers in Public Health*, the COMPASS framework provides researchers and clinicians with a whole-person approach for studying how pain, trauma, movement, relationships, purpose, and a sense of safety influence one another.

“Chronic pain and PTSD are generally treated independently,” Dr. Moonaz said. “For people who live with both, the treatments for chronic pain may not be trauma-informed to consider their PTSD symptoms.”

The reverse can occur in PTSD care. Some PTSD treatments involve movement or body-based activities that may feel painful—or even unsafe—for a person who is also living with chronic pain.

COMPASS gives researchers and healthcare professionals a structure for examining both conditions together. It asks them to consider physical health, emotional health, relationships, personal values, body awareness, and safety as connected parts of one person's experience.

How COMPASS Works

COMPASS draws from salutogenesis, a field that studies

the factors that support health and well-being. Many healthcare models begin with disease, symptoms, and risk. Salutogenesis adds another question: What helps a person feel safer, stronger, more connected, and more capable of managing a long-term condition?

The COMPASS name represents seven elements:

- Connectedness and cognitive flexibility
- Optimism and hope
- Mind-body regulation
- Purpose and values
- Awareness of the body
- Self-efficacy
- Safety

Together, these elements help researchers study how purpose, connection, confidence, body awareness, and self-regulation shape a person's experience of pain and trauma. Dr. Moonaz said COMPASS looks beyond temporary symptom relief. It examines how people can build health and quality of life as they manage conditions that may persist over time.

Dr. Moonaz provided an example of a patient who develops knee osteoarthritis after a serious exercise-related injury.

A clinician may recommend physical therapy or another form of movement. Yet the original injury may have created lasting fear. The thought of moving the knee can lower the patient's sense of safety, heighten pain sensitivity, and make rehabilitation harder. A plan focused only on strengthening the knee may miss those barriers.

COMPASS prompts the care team to examine physical safety, psychological safety, fear of movement, body awareness, confidence, social support, and personal goals alongside the rehabilitation plan. The goal is not to place pain treatment and the PTSD treatment next to one another. It is to understand how both conditions shape the same person.

COMPASS reflects SCU's Whole Health focus by examining more than symptoms or a single diagnosis. The framework considers how movement, environment, relationships, personal values, and self-regulation affect health. It has potential relevance for fields that address pain, trauma, behavioral health, and rehabilitation.

Those fields include physical therapy, occupational therapy, psychology, chiropractic, yoga therapy, and other areas represented across SCU's academic community.

COMPASS is not currently part of an established treatment protocol or curriculum. Its value lies in providing students, faculty, clinicians, and researchers with a structure for discussing health concerns that span traditional professional boundaries. It is still a conceptual framework, and future research will determine how it can best be applied and measured in clinical settings.

According to Dr. Moonaz, researchers have started incorporating the framework into grant proposals, master's theses, and doctoral dissertations.

"You never know what a paper like this will inspire," she said. "We've been excited to see the very rapid uptake by colleagues in the field already."

Future work may test the framework with patients and clinicians, examine how its seven elements can be measured, and study its use in different healthcare settings. Through COMPASS, Dr. Moonaz and her collaborators have created a model for studying chronic pain and PTSD as connected parts of one patient's health. The early academic response points to opportunities for new research, partnerships, and graduate scholarship.



According to the [U.S. Department of Veterans Affairs](#), chronic pain is pain that lasts longer than expected for a given injury or may have an unknown cause. This differs from acute pain that comes on quickly after an injury and lasts a short time as you heal. Some people get chronic pain from normal wear and tear of the body or from aging. Others have chronic pain from various types of cancer, or other chronic medical illnesses. In some cases, chronic pain may be from an injury that happened during an accident or an assault. But this pain may continue even after the injury is healed.

Understandably, when you have chronic pain that lasts more than 3 to 6 months, you may find yourself wanting to rest or avoid movements because of pain. This can become a cycle where you aren't as active as you were and begin to lose fitness. Losing muscle tone can then increase pain. You also might avoid activities you used to enjoy, either due to fear of having more pain, or because you just don't feel like yourself with pain and it's hard to really engage with people and things you used to care about. This cycle may leave you feeling worried about being able to find relief or sad about how the pain impacts your daily life. So, chronic pain may affect your social well-being, as well as your mental and physical health.

The good news is that this cycle can also be changed. It is important to clarify with a doctor that it is safe to exercise and be active. Once you have done that, the pain cycle can be changed by gradually increasing movement and engaging in activities that you enjoy or used to enjoy.

If you have chronic pain and PTSD, it can make each condition worse. This is not always the case, but here are some examples of how PTSD and pain may impact one another.

- If the same traumatic event led to chronic pain and PTSD, the pain may be a reminder of the trauma, increasing PTSD symptoms.
- The experience of anxiety and PTSD may make you alert for danger. With PTSD this often means noticing things around you that seem dangerous. When you also have chronic pain, this can make it easier to notice physical sensations inside your body, such as pain or a racing heartbeat.
- Both PTSD and chronic pain can lead to sleep problems. You may have nightmares or restlessness from PTSD. Pain may make it difficult for you to feel comfortable lying down. The lack of sleep can leave you overtired, frustrated, and less able to cope.
- Both avoiding reminders of a trauma (from PTSD) and trying to minimize pain can lead you to be less social and less active. If you become isolated, it can affect your mood and quality of life. For example, you might be more likely to get stuck on negative thoughts, repeating them over and over when you have too much time on your hands.
- Both chronic pain and PTSD symptoms can leave people with a sense of loss of control. Some people report that when their mood or anxiety is worse from their PTSD, their pain feels worse on those days. Similarly, some people report that when they are having pain flares, their PTSD symptoms are worse.

Chiropractic News

F4CP offers Marketing Roadmap

The July Marketing Roadmap is available to download! The roadmap is an easy-to-use marketing guide with action steps and turnkey F4CP resources that you can implement on a local level, to support next month's theme, "Sports Injury and Prevention."

[Click here to access](#) to a variety of resources including a printable 18x24 poster, on-demand webinars, infographics to share on your social media accounts and much more. Set up your clinic for success by following the Roadmap!

Save the Date: Sept. 25-27, 2026

The American Chiropractic Association (ACA), the American Black Chiropractic Association (ABCA), and Southern California University of Health Science (SCU) have united to host the 2026 ACA Student Leadership Conference.

The event represents a significant opportunity for student leaders to connect, develop their leadership skills, and strengthen pathways that support the future of chiropractic. The annual ACA Student Leadership Conference will be an important weekend of education, networking, and collaboration. [Click here for more info.](#)

Cleveland University-Kansas City's Annual Conference and Expo, Oct. 8-10, 2026

Cleveland University-Kansas City (CUKC) has announced that its Annual Conference and Expo (ACE) will continue under a new name, Cleveland Conferences, beginning in 2026, with the event moving to a new venue less than a mile from campus. The event will be held Oct. 8-10, 2026, at the Marriott Kansas City Overland Park Hotel in Overland Park, Kansas. Please use this [booking link](#) to make a reservation for an overnight stay at the Marriott Kansas City Overland Park at a discounted group rate.

[Registration](#) for Cleveland Conferences 2026 is open. The three-day gathering will once again bring together world-class speakers and leading experts from across the chiropractic profession for a weekend of networking, collaboration, and education. Attendees will gain valuable insights into emerging trends, best practices, and innovations shaping the future of chiropractic and healthcare, with the

opportunity to earn up to 20 continuing education units.

This year's featured speakers include Dr. Krista Burns, a Doctor of Chiropractic, Certified Posture Expert, and founder of the American Posture Institute, Dr. Christine Goertz, musculoskeletal researcher at the Duke University School of Medicine, and Dr. Sherry McAllister, president of the Foundation for Chiropractic Progress and a global leader in whole-being, drug-free healthcare.

Women Chiropractors elect new leadership

Women Chiropractors is entering an exciting new chapter with the addition of new members to its Executive Committee. Together, this leadership team brings fresh perspectives, diverse experience, and a shared commitment to strengthening the organization while continuing to support, empower, and connect women chiropractors around the world.

Dr. Cristina Padilla continues to serve as President, providing steady leadership and a clear vision for the future of Women Chiropractors. Under her leadership, the organization has experienced continued growth in membership, educational opportunities, strategic partnerships, and national visibility. Her commitment to building a strong, sustainable organization has helped lay the foundation for WDC's next phase of growth.

In February of this year, Dr. Neema Moore stepped into the role of Vice President. A visionary leader and wellness advocate, Dr. Moore brings extensive experience in chiropractic care, business leadership, and empowering women to reach their full potential. Her passion for service, collaboration, and developing confident leaders reflects the heart of Women Chiropractors' mission and makes her an exceptional addition to the Executive Committee.

Following the recent board elections, Dr. Amanda Blonigen was elected Treasurer and Dr. Jo Davison was elected Secretary.

As Treasurer, Dr. Blonigen brings a strong background in organizational leadership, education, and nonprofit service. Her thoughtful approach to stewardship, strategic planning, and mentorship will help support the continued growth and long-term sustainability of Women Chiropractors.

As Secretary, Dr. Davison brings a collaborative leadership style, a passion for building meaningful connections, and a deep commitment to supporting women in the chiropractic profession.

Dr. Gloria Arras win Linda Elwart Atkinson DC Memorial Scholarship

Dr. Gloria Arras as the 2026 recipient of the Linda Elwart Atkinson DC Memorial Scholarship, presented on International Women Chiropractors Day in honor of Dr. Linda Elwart Atkinson's legacy of leadership, service, and advancing the chiropractic profession.

Dr. Arras plans to use the scholarship to pursue advanced training in Ehlers-Danlos syndrome and hypermobility while developing an accredited continuing education course through Wanderlearn to equip more chiropractors with the knowledge and tools to effectively care for this growing patient population. She hopes to combine clinical practice with education, helping improve outcomes for patients while advancing understanding of hypermobility within the chiropractic profession.

Dr. Arras' commitment to lifelong learning, innovation, and serving an often-overlooked patient population embodies the spirit of the Linda Elwart Atkinson Scholarship.

ChiroTouch launches CT Pay

Built directly into [ChiroTouch](#) EHR, CT Pay unifies payments with scheduling, patient engagement and financial reporting in a single connected system. No more toggling between platforms, reconciling what the processor says against what the EHR shows or fee structures designed to obscure what a practice is actually paying.

CT Pay delivers in-house merchant processing with transparent pricing, fee-free deposits and dramatically reduced payment friction. Automated ledger mapping and a unified dashboard give practice leaders a real-time view of every dollar owed, collected and posted—clarity that has been almost impossible to achieve with bolted-on processors.

"Chiropractors are losing \$50 to \$100 every single day to payment systems that were never designed for how they actually practice," said Blake Head, VP of Strategy at ChiroTouch. "That's not a rounding error—that's a tangible drag on the providers and patients who keep this profession moving forward. CT Pay exists because chiropractors deserve technology that works as hard for them as they work for their patients. We built it to stop the leak, simplify their operations and let them get back to what they do best: helping people heal."



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Chiropractic College News

Military veterans at Cleveland University-Kansas City (CUKC) recently received scholarships

Four U.S. military veterans currently pursuing chiropractic degrees at Cleveland University-Kansas City (CUKC) recently received scholarships from Linda Bryden in memory of her father, James Bryden, D.C. It was a fitting way to honor a man who, years ago, walked the same path as those four students, before he contributed to one of the most influential movements within the chiropractic profession. The four recipients were: Alex Blake, Ryan Chapman, Matthew Sandberg, and Bao Tran.

Dr. Bryden spent his entire adult life dedicated to others. He served in the U.S. Army during World War II, and after his graduation from chiropractic college, he provided care to patients for more than 60 years at his practice in Sedalia, MO, until his passing in 2015.

In addition, Bryden played a monumental role in his profession as one of five chiropractors who filed a federal antitrust suit against the American Medical Association (AMA), nationwide healthcare associations, and several physicians for violations of the Sherman Antitrust Act. Known as Wilk v. AMA, Dr. Chester Wilk was joined by Dr. Bryden and three other plaintiffs in the landmark court case.

In 1987 the court ruled in favor of Dr. Bryden and his fellow plaintiffs saying the defendants had engaged in an unlawful conspiracy of restraint of trade “to contain and eliminate the chiropractic profession.” By stepping forward and seeking justice, Dr. Bryden and his colleagues played a critical role in reshaping the modern healthcare landscape to ensure patient access to chiropractic. By doing so, they etched their names into the history of the profession forever.

Linda Bryden wanted to honor her father’s service to his country, his patients, and his profession. She chose to direct

the gift to students at CUKC, in honor of the respect Dr. Bryden held for the Cleveland family and Cleveland Chiropractic College.



NUHS Celebrates 120 Year Anniversary at 2026 Homecoming

National University of Health Sciences (NUHS) welcomed alumni back to their alma mater for an exciting Homecoming 2026 celebration. The event was themed around the university’s 120th anniversary and its long-standing legacy of excellence in health care education. The milestone occasion brought the NUHS community together to honor the past, celebrate the present and look ahead to an inspiring future.

In honor of this anniversary, NUHS is inviting alumni to help reach a fundraising goal of \$120,000 through its 120-Year Campaign to advance student opportunities, future initiatives and the University’s continued growth. With the support of our generous donors, the campaign has already reached almost 80% of its goal.

Over the course of the two days, alumni earned Continuing Education (CE) credit in chiropractic, naturopathic medicine, and acupuncture and herbal medicine professions. In addition to these CE courses and vendor displays, both days were packed with several social events that allowed everyone to connect, reminisce and network.

Guest speakers included Cindy Howard, DC’ 98, DABCI, DACBN, FIAMA, FICC; James Salvatore, DC’ 05, MS; Thomas Roselle, DC’ 77, LAc, DCCN, DCBCN; Manual Duarte, DC’ 86, MSAC’ 13, DABCO, DACBSP, DABCA; George Joachim, DC’ 84, DACBR and more.

Jennifer Green, ND, DC, leads AANMC Webinar on Managing Histamine Sensitivity

Last month Jennifer Green, ND, DC, chief naturopathic medicine clinician at National University of Health Sciences’ (NUHS’) Whole Health Center in Lombard, Illinois, led a webinar for the Association of Accredited Naturopathic Medical Colleges (AANMC). The webinar was titled “Take the Sting Out of Summer: Natural Histamine Mastery.”



Many people deal with bug bites, stings and food allergies,

especially during the summer. While these reactions are usually mild, some people can experience serious allergic responses when their bodies release too much histamine. Histamine is a chemical involved in the body's immune response.

During the webinar, Dr. Green discussed ways to reduce the effects of histamine and support the body's natural healing process. Several naturopathic approaches that may help include following a low-histamine diet, taking supplements such as quercetin, vitamin C, and glutathione, and wearing protective clothing to help prevent insect bites and stings.

To learn more about naturopathic remedies and creating a naturopathic first-aid kit, visit Dr. Green's blog, [Bug Bites, Stings, Ticks & Naturopathic Remedies](#).

D'Youville University launching new Workforce Development Center

D'Youville University is launching a new Workforce Development Center, a major initiative designed to prepare hundreds of individuals each year for high-demand healthcare careers while helping employers address one of the region's most pressing workforce challenges.

Scheduled to open in Spring 2027, the Workforce Development Center will expand access to short-term, career-focused education through stackable certificate programs that prepare students for immediate employment while creating pathways into degree programs and long-term career advancement.

Healthcare workforce shortages continue to impact communities across New York. The state is projected to face a shortage of nearly 40,000 nurses by 2030, while recent surveys show 97 percent of hospitals report nursing shortages and 88 percent report shortages among non-nursing healthcare professionals. D'Youville has already begun working with regional healthcare leaders, including Catholic Health, Kaleida Health, and The McGuire Group, to develop workforce programs that respond directly to these employer needs.

"The future of higher education must include multiple pathways into meaningful careers," said Dr. Lorrie Clemo, president of D'Youville University. "Not every learner begins their journey in the same place, but everyone deserves an opportunity to build a better future. The Workforce Development Center creates accessible entry points into healthcare while strengthening the workforce our region depends on."

D'Youville shares National Best Practices for supporting military-connected students

D'Youville University's commitment to veterans and military-connected students recently took center stage during a national Military Friendly® podcast, where Director of Veteran Student Support and Recruitment Phillip Pandey shared the strategies that have helped establish D'Youville as one of the nation's leading universities for military-connected learners.

Hosted by Military Friendly® Vice President of Membership Kayla Lopez, the podcast explored how colleges and universities can better attract, engage, and retain military-connected students by building authentic relationships rather than relying solely on traditional marketing. Drawing on his 32-year Army career and three years leading D'Youville's veteran initiatives, Pandey emphasized that trust, listening, and community engagement are at the heart of the university's success.

The podcast comes on the heels of D'Youville earning national recognition as one of the country's top Military Friendly® institutions, ranking No. 9 nationally among private doctoral institutions and No. 8 nationally as a Military Spouse Friendly® School. Those distinctions reflect the university's ongoing commitment to creating meaningful support systems for veterans, active-duty service members, military spouses, and military-connected families.



Alumni Circles strengthen bonds

The connections formed at Northeast College of Health Sciences extend far beyond graduation. Reinforcing those lasting bonds, Alumni Circles provides a monthly online forum for Northeast chiropractors to connect through conversation, professional development and peer support.

Alumni Circles reflects the strength of the #NortheastBlue community, a network built on shared experiences, lifelong

Continued on next page

Chiropractic College News

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relationships and a commitment to supporting one another.

The first Alumni Circles meeting was held in February 2026 and is led by doctor of chiropractic alumni and shaped by the needs and interests of its members. Sessions are driven by conversation and connection, with participants helping select topics most relevant to their professional lives and career goals.

“My hope is that this group will continue for a very long time,” Frederick said. “Health care providers need mutual support and connection is a big part of stress management and self-care. Alumni Circles gives our graduates a place to learn from one another, share experiences and stay connected to the Northeast community.”

Interested in joining Alumni Circles? Alumni can email hfrederick@northeastcollege.edu.

Life West alumna Dr. Alex Paul featured by Women of the Summit

Backcountry Chiropractic co-founder Dr. Alex Paul, DC, PAK, has been recognized in a member highlight by Women of the Summit, a professional network connecting women across Summit County, Colorado. The feature spotlights the Frisco-based practice she co-founded and the chiropractic services it brings to families throughout the region.

Dr. Paul’s path to chiropractic began with injuries sustained after high school, experiences that not only affected her physically but opened her eyes to a broader understanding of health. That perspective guided her through an undergraduate degree in Integrative Physiology and Neuroscience at the University of Colorado Boulder and on to Life Chiropractic College West, where she earned her Doctor of Chiropractic degree at the top of her class as part of the Class of 2022. She also holds certification in Applied Kinesiology and brings additional training in nutrition, advanced laboratory analysis, and herbal medicine to her practice.



AI-driven innovation for real clinical needs

The controversies surrounding artificial intelligence encompass a broad range of public, academic, and political debates regarding the societal effects of artificial intelligence.

Now, researchers at the University of Pittsburgh School of Health and Rehabilitation Sciences have [published](#) in *npj Health Systems*. The Open Access work titled, *KneeXNet-2.5D: a clinically-oriented and explainable deep learning framework for MRI-based knee cartilage and meniscus segmentation*, can be read in full [here](#).

The work aims to help clinicians more efficiently and consistently identify damage to knee cartilage and meniscus, the key structures involved in osteoarthritis and sports injuries. Traditionally, outlining these structures on MRI requires time-intensive manual work by domain experts and radiologists. KneeXNet-2.5D developed by scientists at the University of Pittsburgh uses explainable AI algorithms to perform this task in seconds, while also highlighting areas where the model is uncertain, allowing clinicians to better understand and trust the results.

This project is a strong example of AI-driven innovation grounded in real clinical needs. Rather than focusing on complex “opaque box” models, the team designed an efficient and explainable AI strategies that works well even with low computing resources, an important consideration for real-world health care settings, including community and rural hospitals. The system not only produces accurate results but also provides visual cues that help clinicians and surgeons interpret how and why the AI reached its conclusions, supporting safer and more transparent use of AI in medicine.

Pitt awarded \$1.1M to evaluate researcher preparedness

Researchers at the University of Pittsburgh and Community-Campus Partnerships for Health (CCPH) have received a funding award of over \$1.1 million from the Patient-Centered Outcomes Research Institute (PCORI) for a two-year study that will address the need for researchers to critically evaluate their capacity for reciprocal partnerships with patients and communities.

The project, titled, *Developing and Validating a Measure of Researcher Readiness for Patient and Community Partnership*, aims to develop and validate a measure called the Researcher Readiness for Patient and Community Partnership Assessment Tool (RRPAT).

The RRPAT will be a psychometrically sound, patient-informed, user-friendly tool that assesses whether researchers possess the appropriate knowledge, skills, behaviors and attitudes to be prepared and able to conduct patient and community partnership in health and health care research.

Project Co-Director Mary Goldberg, PhD, associate professor, Department of Rehabilitation Science and Technology, and Clinical and Translational Science Institute (CTSI) Evaluation Core director says, “This evaluation exercise allows researchers to assess their competencies and identify areas for growth. We hope this foundation will lead to the development of capacity building interventions that support partnership building skills.”

“While researchers are experts in their respective fields and generally well-intentioned,” she continues, “many are unaware of or lack the specific skills needed to serve as reciprocal partners. Our assessment tool will help to address this gap, helping researchers become better partners and ensuring future partnerships are built on trust.”

The key to the research lies in the assessment tool being an important first step to strengthening researchers’ partnership skills, which is linked to higher-quality partnerships that ensure research is representative, patient-centered, rigorous, and beneficial to patients and providers.

Chiropractic residency emphasizes care, collaboration and quality

Multidisciplinary care at the Medical College of Wisconsin’s (MCW) SpineCare clinic is delivered by a skilled and collaborative team of physicians and healthcare professionals, including chiropractors, neurological and orthopedic surgeons, rehabilitation specialists, physical therapists and more.

The SpineCare clinic started in the mid-1990s with one chiropractor and now employs five full-time chiropractors and one full-time chiropractic resident, three of whom are Logan University graduates: Jeffrey King, DC (’11), MS (’12); Jordan Gliedt, DC (’11); and Mara Alayón Rullán, DC (’25).

“When I joined the SpineCare team in 2014, I was drawn

to the transdisciplinary nature of the clinic,” said Dr. King, who now serves as the clinic’s first-ever director of chiropractic and an associate professor in the Department of Neurosurgery. “It was an opportunity to meaningfully provide better care to patients.”

The clinic’s collaborative environment inspired Dr. King to expand educational opportunities for Doctor of Chiropractic (DC) students. In 2018, he helped launch a preceptorship program allowing students to learn and train at the SpineCare clinic. Dr. Gliedt, who joined MCW in 2017, currently directs the program.

“We are surrounded by clinicians mentoring learners, so a preceptorship seemed like a natural extension at an academic medical center,” Dr. King said. “Dr. Gliedt does a tremendous job and has a true passion for the program’s success.”

The preceptorship sparked an idea for a longer, more comprehensive educational program. In 2024, MCW officially started its Doctor of Chiropractic Residency program, a one-year postgraduate clinical training opportunity. The residency offers hands-on training with faculty chiropractors, interdisciplinary rotations and educational programming designed to strengthen clinical reasoning and critical thinking skills. Dr. Gliedt, who developed the residency curriculum, said the program is intentionally rigorous and resident-centered.

Parker university celebrates 75 years of Parker Seminars

Parker University will celebrate a historic milestone this fall as Parker Seminars marks its 75th anniversary with Parker Seminars Dallas Homecoming, taking place October 2–4, 2026, on the Parker University campus. The three-day event will feature hands-on sessions, continuing education, networking opportunities, keynote presentations, and Homecoming activities honoring the history and continued growth of Parker Seminars.

Founded in 1951 by Dr. James W. Parker, Parker Seminars has grown into one of the world’s premier continuing education events, building on its roots in chiropractic care to include leading voices in healthcare, human performance, rehabilitation, nutrition, business, leadership, and emerging technologies. Today it draws clinicians, researchers, students, and industry leaders from around the world to a program that has expanded well past its origins — one that treats movement science, technology, and the business of practice as part of the same conversation. ■

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